

## TALK IT OVER

### Key Scriptures

*“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”  
Ephesians 4:29 NIV*

*“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”  
Matthew 6:25-26 NIV*

*“Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces.”  
Matthew 7:6 NIV*

*“Do not withhold good from those to whom it is due, when it is in your power to act.”  
Proverbs 3:27 NIV*

### Start talking

- What have been some wins in your life since the beginning of this series? Where have you seen fruit or progress?
- Name someone in your life that has brought you value? (Encouragement, generous with time or advice, etc.) What qualities did this person possess that impacted you the most?

### Start sharing

- Read Matthew 6:25-26. How does this story impact your life? If you knew God valued you more than the birds, how might that change your perspective?
- In John 8, Jesus met a woman caught in adultery. As Jesus lacked judgement for the woman, yet told her to sin no more, what areas of your life need the understanding of God but also need to change?
- Who is someone that you would like to bring value to this week? How can you express that value?
- Sometimes good people stop doing good things because they feel no one notices. Whom is someone in your life that is doing good things that needs to be recognized?
- Who is someone that gets too much of your thought process that needs to experience less of your time and focus (their behavior does not deserve your time)?

### Start doing

- What is one way to remember to bring value to every person you meet this week (especially with the Thanksgiving Holiday).

### Start praying

*Father, we want to add value to all we meet. Guide us to the people you want us to bring significance into their lives. You have been so incredibly good and faithful to us, and we thank you for your generosity. In Jesus' name, amen.*