

Pre-Decide  
The Power of Consistency  
Week Three

## TALK IT OVER

### Key Scriptures

*I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. ... I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway.*

Romans 7:15, 18-19 NLT

*... but they couldn't find anything to criticize or condemn. He was faithful, always responsible, and completely trustworthy. Daniel 6:4 NLT*

*But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God. Daniel 6:10 NLT*

*... And when Daniel was lifted from the den, no wound was found on him, because he had trusted in his God. Daniel 6:23 NIV*

**Start talking.** Find a conversation starter for your group.

- Which part of this message was the most impactful for you and why?
- On a scale of 1-10, how easy is it for you to be consistent? What are some steps you could take to move closer to a 10?
- Read **Daniel 6:4**. In what ways or areas of life could you be found faithful, always responsible, and completely trustworthy?

**Start sharing.** Choose a question to create openness.

- Talk about an area of your life in which you want to be more consistent. How would you define your “why” for choosing this area?
- We are successful when we honor God each day. What do you need to pre-decide today, to be successful tomorrow?

**Start praying.** Be bold and pray with power.

*Father, being consistent can be challenging. Please show us where we need more consistency in our lives. Remind us that it's through Your strength that we can be consistent. Help us to get started TODAY! We're ready to honor You today, Lord. In Jesus' name, amen.*

**Start doing.**

Choose one thing that you could be more consistent with this week. It might be reading God's Word, working out three times, or something completely different.