



## A List of Positive Affirmations for Anyone Who's in Christ

I am strong and mighty. I have the **same power** that raised Christ from the dead dwelling inside of me. I am a weapon of **righteousness** in a world of darkness. (Eph 1:18-20, 2 Cor 6:7)

I am not my past. I am not what I did. I am who God says I am. He says I am **forgiven**. He says I am redeemed. He says I am **free**. (Eph 1:7, Gal 5:1)

I am not a hostage to unhealthy thoughts. The weapons I fight with are not the weapons of this world. I have divine power to **demolish strongholds**. (2 Cor 10:4)

I have the **mind of Christ** directing my thoughts. I have the Word of God **guiding** my steps. (1 Cor 2:16, Psalm 119:105)

I demolish every pretension that sets itself up against the knowledge of God. I take every thought captive and make it **obedient to Christ**. (2 Cor 10:5)

Worry is not my master. I **trust in God**. His **peace guards** my heart, guards my mind, and guards my soul in Christ Jesus. (John 14:1, Phil 4:6-7)

My God has not given me a spirit of fear, but a Spirit of power, of love, and of a **sound mind**. (2 Tim 1:7)

The Lord is **my helper**. I will not be afraid. (Heb 13:6)

I am not a slave to my habits. I am not a prisoner to an addiction. I have been **rescued** from the power of darkness and brought into the kingdom of God's light. (Col 1:13-14)

I am empowered. I am chosen. I am called. I am a masterpiece of God, created in Christ Jesus, to do good works which God **prepared in advance** for me to do. (Eph 2:10)

My God will bless me abundantly, so that in all things, at all times, having **all I need**, I will **abound** in every good work. (2 Peter 1:3, 2 Cor 9:8)

My God is **for me**. My God is **with me**. **No weapon** formed against me will prosper. (Rom 8:31, Isaiah 41:10, Isaiah 54:17)

**Nothing can separate** me from God's love. Not death. Not demons. Not the present nor the past. No power on earth will ever separate me from the love of God that is in Christ Jesus my Lord. (Rom 8:38-39)

I am not what I have or buy. My **identity is in Christ**—and Christ alone. (Rom 8:1) By God's power I can **change**. (2 Cor 3:18)

I **cast my cares** on God because He cares for me. (1 Pet 5:7)

My life **belongs to God**. Daily I **seek Him**, and daily He **directs** my steps. I **know His voice**, and He leads me to His perfect will. (1 Cor 6:19-20, Psalm 63:1, Prov 20:24, John 10:4)

My **confidence is in Christ**—and Christ alone. Because His Spirit lives within me, I **can do everything** He calls me to do. (Eph 3:12, Phil 4:13)